

# Stevensville Youth Soccer

## Concussion Policy

(in compliance with SAY Soccer National Policy)

Any athlete exhibiting signs and symptoms of concussion either during a practice or during a game MUST be immediately removed. This athlete MAY NOT return to play nor participate in any SAY activity on the same day that he or she has been removed (even if a written medical clearance is provided).

In addition, the athlete is not permitted to play or participate in any SAY activity until he or she has been assessed and received written clearance by a physician or by another licensed health care provider. A Return-to-Play form must be submitted to the coach prior to allowing the athlete to participate in any activity with the athlete's team, whether it be a practice or a game situation.

Athlete Name: \_\_\_\_\_

Parent/Legal Guardian Name(s): \_\_\_\_\_

We have read *Heads-Up Concussion in Youth Sports* and *Concussion: Parents Information Sheet*.

After reading the information sheet and handout, I am aware of the following information:

Athlete Initials		Parent/ Legal Guardian Initials
	A concussion is a brain injury, which should be reported to my parents, my coach(es), or a medical professional if one is available.	
	A concussion can affect the ability to perform everyday activities such as the ability to think, balance, and classroom performance.	
	A concussion cannot be seen. Some symptoms might be present right away. Other symptoms can show up hours or days after an injury.	
	I will tell my parents, my coach, and/or a medical professional about my injuries and illnesses.	
	If I think a teammate has a concussion, I should tell my coach(es), parents, or medical professional about the concussion.	
	I will not return to play in a game or practice if a hit to my head or body causes any concussion-related symptoms.	
	I will / my child will need written permission from a medical professional to return to play or practice after a concussion.	
	After a concussion, the brain needs time to heal. I understand that I am / my child is much more likely to have another concussion or more serious brain injury if return to play or practice occurs before concussion symptoms go away.	
	Sometimes repeat concussions can cause serious and long-lasting problems.	
	I have read the concussion symptoms on the concussion handouts.	

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date